

GUILSBOROUGH SCHOOL CATERING

At Guilsborough School our aim, along with our school catering partners T(n)S, is to offer students a dining experience and a point in the day to look forward to. There are new menu choices at lunchtime each week. Snacks, including fruit and milk drinks are also available at breaktime.

Our current menu selection follows the current government guidelines and also takes account of feedback obtained throughout last year from students and staff. The menu is currently being assessed by Northamptonshire County Council along with a qualified nutritionist so that we will be able to highlight what proportion of the recommended 5 daily portions of fruit and vegetables are available to the students by purchasing from the restaurant areas. Once this information has been established it will be highlighted within the menu cycle.

Ideas and views of the food on offer are continually and actively sought from students and staff and are incorporated into the menu choices. We hope that as a result of this consultation both students and staff are more likely to purchase the food.

Students are becoming more adventurous in their tastes and demanding regional variations from particular countries. With this in mind, we are exploring themed days during the year, along with a monthly promotion to encourage them as well as reward them for using the facility.

Furthermore, with strong trends towards traditional, wholesome food made from only fresh, natural, ingredients T(n)S encourage their chefs to only purchase the freshest, highest quality food, using, for the most part, locally sourced ingredients.

Jointly we have strong views about our responsibility to offer a variety of choices and styles to accommodate all tastes, and are mindful of giving students the option to eat a healthier diet.

SAMPLE MENU

HOMEMADE SOUP

Cream of Tomato and Bread Roll - 80p

SNACKS

Minced Beef Chilli Wrap - £1.40
Chicken and Sweetcorn Pizza - 95p
Homemade Beef Burger in a Bap - £1.10
Homemade Sausage Rolls - 70p
Homemade Crumbed Chicken Nuggets - £1.10
Fresh Pork Butchers Hotdogs - 75p

LUNCH

Salmon Fish Cakes - 80p (each)
Roast Chicken Garni - £1.50
Vegetarian Pasta - £1.10

VEGETABLES

Carrots - 30p
Broccoli - 30p
Grilled Tomato - 30p
Green Beans - 30p
Garden Peas - 30p
Baked Beans - 30p
Chips - 55p and 95p
Jacket Potatoes - 50p

SALAD BOXES

Choose from a selection of meat, fish and vegetarian salad boxes from £1.50

SANDWICHES, WRAPS, CIABATTAS and BAGUETTES

Choose from a freshly made selection from £1.00 to £1.35

DESSERTS

Fresh Fruit - from 30p
Fruit Smoothie - 50p and 80p
Fresh Fruit Salad - 90p
Fresh Fruit Platter - 50p
Fresh Fruit Bags - 45p

Selection of freshly made cakes and biscuits from 35p to 50p